

Sports & Exercise **Psychology Talk**

Apart from theoretical lessons and academic assistance, the MGS PE Department is supporting our athletes by organizing talks by sports professionals.

Student athletes attended a seminar on 'Specific Strategies for Sport Performance Enhancement' conducted by Mr.Cheah Sin Eu on 18th March.



Mr.Cheah Sin Eu holds a Masters degree in Sports and Exercise Psychology from Northumbria University in Newcastle and his experience includes collaborating with Sunderland Football Club's Under-21

Academy players in exploring various psychological aspects of football.

The students spent 4 hours learning about sports psychology and setting individual SMART goals to achieve the confidence needed in sports.





Seeking Knowledge; Opening Minds





MATRIX CONCEPTS

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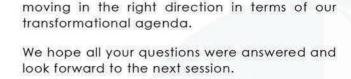
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From The MGS Transformation Team

Thank you to everyone who made the 'Afternoon Tea' parent session on Friday 22 March, 2019.

This informal, yet structured, meeting format is increasingly popular with our busy parents. The setting is much more relaxed, the conversation flows and the question and answer format means everyone gets their say.

We opened up the session by explaining how we are using data to overhaul the learning experience and measure growth of each student. Using Cognitive Abilities Test 4 (CAT4) data effectively means we can swiftly take action to tackle areas requiring improvement.



We have set ambitious improvement targets for

our schools, and we're satisfied that the

provisional results are showing that we are

Thank you once again for your continued support. Between school and home we can collaborate effectively to enable all of us to get better, learn new things and celebrate success.







MGS Musical Production

6.30 pm

Here we go again! MGS Musical Production of Mamma Mia hits the stage for three nights, opening Thursday 11 April. Attracting a huge crowd, the show has already sold out on Saturday 13 April. Come and see what our hard working students have been up to. Tickets are selling fast, contact our Admissions team at 1300-229-888 for ticket purchases.

Congratulations!

MGS squash star, Ameeshenraj Chandaran (Year 10) has won the Malaysian Schools Sports Council squash tournament for Under-15 Boys category.



Gentle Reminder - Students' Hair Colour

While we value students' self-expressions and their tastes in fashion, it is school policy to have only natural hair colour on school premises.

The school rules have been designed to create a comfortable and equitable learning environment by emphasizing the same dress code for all students.

We appreciate the support of students and parents in observing the school rules.



OPEN DAY English Carnival

On 22nd and 23rd March, Matrix Global Schools held an Open Day where dedicated student ambassadors welcomed prospective families to our school and brought them for a campus tour. Prospective students who were registered on the Open Day enjoyed an assessment fee waiver.

The highlight of the event is an English Carnival organized by the MGS English Language Support team which featured lots of fun learning activities catering to both MGS students and our guests in our Multi-Purpose Hall.













MGS participated in Kangaroo Maths Competition



52 MIS students and 49 MPS students participated in the annual Kangaroo Maths Competition on 21st March. The Kangaroo Math Competition (KMC) is an international school-level mathematics competition endorsed by Ministry of Education Malaysia and organized by Association Kangourou sans Frontieres (AKSF), a transnational educational group based in Paris.

This is the second year that MGS is participating in the competition. Last year, our students won 1 bronze medal in the Pre Ecolier category, 2 bronze and 1 silver medal in the Ecolier category, 2 bronze medals in the Cadet category, 1 bronze and 1 silver medal in the Junior category.



PSE (Personal and Social Education) lesson for Year 7 on Table Manners



MIS Secondary students are required to learn 2 full hours (120 mins) of PSE per week in order to develop their attitudes, values and skills.

The subject covers topics related to student's life in general such as personal hygiene, mental health, building up personal character, dealing with stress, respectful behaviour and also issues related to politics and race.



Year 5T's IPC Exit Point for 'From Bronze to Bioplastic'

Over the past five weeks, Year 5 have been learning about grouping and classifying materials in their IPC unit, 'From Bronze to Bioplastic'. For this topic, they were investigating the properties of the materials for identification and grouping purposes. Their focus was on soils, rocks and electrical conductors and insulators.

5T students created posters to explain what they learned in 'From Bronze to Bioplastic', about rocks and soils and how they designed a fashionable dress from recyclable materials.









"My favourite part of the unit was learning about electricity. I got to use my knowledge learned in Year 4 and I loved being able to use symbols to create my own electrical circuits." Yi Cheng



"I really enjoyed learning about soil! I learned that the Earth can have sandy, loam and clay soil. Loam soil is the best for planting and clay can be easily moulded. It was fun doing the soil experiment and finding out that soil has 5 layers - humus, clay, finer silt, sand and gravel." Rui Yu



"I learned a lot in From Bronze to Bioplastic. I know there are three main types of rock - igneous, metamorphic and sedimentary. I also know that there are different types of microorganisms viruses, bacteria, fungi, algae and protozoa. I really enjoyed doing lots of scientific experiments, especially when we put rocks in vinegar and saw a few of them dissolve!" Terrence





Malam P. Ramlee

The MGS Boarding House family organised a "Malam P. Ramlee" on 20th March in memory of Malaysia's national icon, Tan Sri P. Ramlee.





Boarders of all races enjoyed a Malay dinner of nasi minyak chicken rendang, satay and nasi impit.