



From The School Management



We're celebrating the success of Parvin Nityananthan (Year 6) for winning ten medals in the Negeri Sembilan Schools Sports Council (MSSNS) swimming tournament; as well as Year 10 student Yasshmita Jadishkumar who is currently ranked No 2 in Asian Junior Squash ranking - Girls Under 15 category. Congratulations !



Misuse of phones in school

In light of various cases regarding students' handphone usage, we would like to remind students that handphones are meant for doing research and for emergency use. The privilege to bring handphones in school will be withdrawn should the school rules governing its use be broken.

Handphones should not be used for chatter or playing games during school time. Even worse if it is used to send undesirable messages to embarrass or harass schoolmates.

We expect all students to respect each other and use their handphones in a constructive manner.

Saving lives

Students are learning life-saving skills and have successfully advancing to the state level of St John's First Aid and Nursing Competition. This focus on safety ensures students are confident and ready in case of an emergency.



The current heatwave has taken its toll on some students causing heat-related illnesses such as headaches and fever.

All outdoor activities are being kept to a minimum and students are encouraged to drink more water.

Among the precautions taken are:

- A water break every 15 minutes during PE lessons
- Alternative indoor CCAs on standby should the weather be too hot

The key is to prepare well, we appreciate parents' assistance to keep children sun safe by ensuring they have a hat, water and sunscreen.

Parents' Community Gatherings

We cordially invite parents to join us for these sessions.

MPS Parents Afternoon Tea

Tracking Student Progress and Performance led by Madam Lee Yam Sei

When : Friday, 22 March, 2:00pm – 3:30pm

Where : Lounge area@Main cafeteria, MPS

MIS Parents Afternoon Tea

Exam Preparation led by Mr.Lee Harvey

When : Friday, 22 March, 2:00pm – 3:30pm

Where : MIS 1st floor

To facilitate our preparations, please send your RSVP to customer@matrixschools.edu.my prior to the event.

MGS CELEBRATES INTERNATIONAL WOMEN'S DAY!

International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The theme for this year is **#BalanceForBetter**- Better the balance, Better the world.

For someone who was brought up solely by his mother, I am happy to support International Women's Day and how it honours everyday women who support and nurture all those around them and are the 'glue' that holds society together. Unfortunately, the day also serves as a reminder of the discrimination and inequality that still exists in society.



Lee Harvey,
Head of Matrix
International School

The woman that I believe is the greatest is J. K. Rowling. To be able to pull herself up after several failures has convinced me that she is a really strong and extraordinary person. She is an inspiration for all women to never give up in life.



Penny Yoo Sun Ho,
MGS Parent



Scott Choo,
MIS Head Prefect

For me, there's only one word to describe women, ethereal. Women had played a major role in my life, helping me develop holistically. When my life takes a fall, their tender loving care has always been there for me. I take comfort in knowing that there is help available when challenges or struggles come my way.



Felicia Wong,
Head of
Matrix Private School

Many notable women have impacted my life but my mother supersedes all of them. I love her courage, perseverance, hard work, care and love towards our family. I want to be like her someday.



Nithyalakshmi Sivanesan,
MPS Alumna Class of 2017
SPM 9A achiever

As quoted by Kofi Annan, "Gender equality is critical to the development and peace of every nation". This year's theme 'Balance for Better' is an action driven call for gender balance for our mothers, sisters and daughters.



Melanie Liu,
Head of MGS
Boarding House

My aunt is the most respected woman in my life. She is an active woman with a kind and generous heart who has opened up my horizon on how wonderful a woman can be.



Ho Min Xuan,
MIS Alumna Class of 2018
IGCSE 11A* achiever

The most important woman in my life is my mother. She has taught me confidence and that contributed to my becoming the Head Prefect of the school.



Kharishma Prashant Harjai,
MPS Head Prefect

MIS PRIMARY ROAD SAFETY POSTER COMPETITION



A poster competition on Road Safety was held recently in school and the competition was won by Nishika Lin Nair from Year 5M.



To support our students in this Road Safety campaign, may we remind all parents to abide by the speed limit of 15km/h when driving within the school campus.



Posters on road safety created by the students.

Year 6 student Parvin Nityananthan made a huge impact winning ten medals in the Negeri Sembilan Schools Sports Council (MSSNS) swimming tournament held on 21-23 February at Negeri Sembilan Aquatic Centre, Paroi. This is Parvin's 4th year competing in the MSSNS.

Parvin bagged 10 medals in various categories:

Gold	Bronze	Silver
1. 50m Backstroke	4. 200m Freestyle	7. 100m Freestyle
2. 50m Freestyle	5. 100m Backstroke	8. 100m Butterfly
3. 50m Breaststroke	6. 200m Individual Medley	9. 100m Breaststroke
		10. 50m Butterfly



Sports play a vital part in a young girl's development, as it helps improve her mind, body, and spirit, which is why it upsets me that some people are against girls football team. I know Malaysia isn't exactly thriving in gender equality, but it's 2019. Give girls a chance!

Alisya Amran, Year 9

Through football, I have learnt to release my stress when I was studying for my examinations. I have made many friends and can now also help to coach the junior players.

Harini Arumugam, Year 9



Though football is a tiring game, it is also a fun sport that helps me strengthen the relationship with my friends. I feel the warmth of support from my teammates and this helps me keep my focus in life.

Sher Maine Tai, Year 10

Promising Young Women In MGS Football

Girls football has been gaining interest in MGS thanks to Ms Amy Burke, MIS PE teacher and the MGS Girls Football coach. Here are what the players think of the sport.

Our girls' football team has proven that girls can achieve so much more when given the chance. Now, I have the opportunity to train with the Selangor Sports School and work towards becoming a player for the Malaysian national team. Thanks Miss Amy and my MGS teachers for all your support and help.

Tia Danielle Theseira, Year 10

When we compete with other school teams, even if we lose we will not give up. We don't only play football to win matches; we play football because we love it.

Amber Lee, Year 9

After almost 3 years of playing football, we have gone through a lot of ups and downs. I have now joined a team to compete for the Gothia Cup where the champion will go to Sweden!

Ashley Im, Year 9

Football has made me stronger both physically and mentally. There is no limit to what women can do given the opportunity. As Eleanor Roosevelt says, "No one can make you feel inferior without your consent".

Nareesyah Paranjothy, Year 9

MGS St. John Team Won The District Level First Aid And Nursing Championship For The Private School Category

On 24th February, MGS St. John Ambulance Uniformed Unit participated in the District Level First Aid and Nursing Competition held at St. Paul Institution (SPI), Seremban.

This year, we ventured more aggressively by sending 5 teams with a total of 22 students for the competitions.



Nursing Cadet Category

Congratulations to three MGS students for receiving the 'Highest Individual Achievement Award'.

- Shazana Alina Sorfina, Form 2
- Darren Voo, Form 4
- Kharishma Harjai, Form 5

MGS teams will march into the State level competition very soon. We wish them all the best and hope they continue to shine for MGS! A big thank you to our parents for supporting their child's learning experience with MGS.



Junior Male and Female Category



Nursing Cadet Lower Category

MIS Year 11 Visit To Sunway University

On 28th February, MIS Year 11 students visited Sunway University and Heriot-Watt University Malaysia to experience "college life". The students were taken on a tour of the college campus, observed a class and mingled with the college students.



Sunway University gave a talk on "Empowering Your Future" where the students were informed of the prerequisites for Foundation/Diploma Programmes. The students were also exposed to a Personality Test to help those who are still unsure of their future paths.

The session with Heriot-Watt University Malaysia had their Engineering Department introduced the pathways in Chemical Engineering. The students particularly enjoyed the Newspaper Tower Making activity conducted by the lecturers.



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