

JSW Canteen Menu (April 2021)

Week 1

Serving Time	Section / Bar	Monday	Tuesday	Wednesday	Thursday (1/4/2021)	Friday (2/4/2021)
Breakfast	Breakfast				Chinese fried rice Fried yee mee	School holiday
Lunch	Asean				Tom yam chicken Mixed vegetables Tauhu with minced chicken White rice	
	Western				Fried chicken Chips Coleslaw	
	Vegetarian				Curry chicken Stir fry cabbage Fried tauhu White rice	

Week 2

Serving Time	Section / Bar	Monday (5/4/2021)	Tuesday (6/4/2021)	Wednesday (7/4/2021)	Thursday (8/4/2021)	Friday (9/4/2021)
Breakfast	Breakfast	Nasi lemak Tom yam bihun	Chicken porridge Fried Indian style mee	Nasi lemak Fried kuew teow	Kampung fried rice Fried bihun	Mushroom soup & bread Nasi lemak
Lunch	Asean	Lemak chicken Stir fry siu bak choy Fried egg with carrot White rice	Nasi lemak Fried chicken Sambal Cucumber Peanuts & Anchovies	Chicken berlada Stir fry mixed vegetables Egg with kicap White rice	Sambal chicken Tomato rice Acar	Chicken rice Lettuce Cucumber Tomato
	Western	Popcorn chicken Mashed potato Fruit salad	Pasta with carbonara sauce Fried wedges Coleslaw	Fish & chips Fruit salad	Fry macaroni Fried chicken chop Coleslaw	Grill chicken chop Chip Coleslaw
	Vegetarian	Asam mutton Stir fry four season beans Stir fry kangkung White rice	Curry fish Stir fry nai bak Fried mushroom White rice	Chicken with kicap Sambal potaoes Stir fry white cabbage White rice	Mutton berlada Stir fry long bean Kicap tauhu White rice	Sweet & sour chicken Fried lady finger Stir fry siu bak choy White rice

Week 3

Serving Time	Section / Bar	Monday (12/4/2021)	Tuesday (13/4/2021)	Wednesday (14/4/2021)	Thursday (15/4/2021)	Friday (16/4/2021)
Breakfast	Breakfast	Kampung fried rice Fry yellow mee	Nasi lemak Fry bihun	Chicken porridge Fry kuew teow	American breakfast Tom yam fried rice	Nasi lemak Tom yam laksa pendek
Lunch	Asean	Malay kicap chicken Fried egg with onion Stir fry kangkung White rice	Fried chicken Tauhu with Thai sauce Lodeh White rice	Korean chicken Stir fry lady finger Egg with kicap White rice	Chicken paprik Stir fry Bayam Tauhu with minced chicken White rice	Sambal chicken Stir fry mixed vegetables Potatoes with minced chicken White rice
	Western	Fried chicken chop with cheese Chips Coleslaw	Fry macaroni with black pepper Popcorn chicken Fruit salad	Fried chicken Mashed potato Coleslaw	Spaghetti bolognese Fried sausage Fruit salad	Fried chicken chop Chips Coleslaw
	Vegetarian	Chicken curry Stir fry beansprout Fried tauhu White rice	Paprik mutton Green dragon chives Fried wedges White rice	Drumstick with Thai sauce Curry potatoes Stir fry sawi White rice	Asam fish Stir fry cabbage Stir fry lady finger White rice	Lemak chicken Fried cauliflower Lettuce White rice

Week 4

Serving Time	Section / Bar	Monday (19/4/2021)	Tuesday (20/4/2021)	Wednesday (21/4/2021)	Thursday (22/4/2021)	Friday (23/4/2021)
Breakfast	Breakfast	Nasi lemak Tom yam bihun	Chicken porridge Fried Indian style mee	Nasi lemak Fried kuew teow	Chinese fried rice Fried yee mee	Mushroom soup & bread Nasi lemak
Lunch	Asean	Chicken berlada Stir fry bayam Fried egg with carrot White rice	Lemak chicken Stir fry siu bak choy Tauhu with Thai sauce White rice	Rendang chicken Stir fry long bean Fried egg White rice	Chicken rice Lettuce Cucumber Tomato	Malay kicap chicken Telur dadar Stir fry lady finger White rice
	Western	Pasta with carbonara sauce Fried chicken chop Fruit salad	Fried chicken chop Mashed potato Coleslaw	Fish & chips Fruit salad	Fry macaroni Fried wedges Coleslaw	Grill chicken chop Chip Coleslaw
	Vegetarian	Rendang chicken Stir fry cabbage Kicap tauhu White rice	Curry mutton Stir fry beansprout Stir fry kangkung White rice	Fish with kicap dry chilli Mixed vegetables Fried mushroom White rice	Asam chicken Stir fry siu bak choy Sambal tauhu White rice	Sambal mutton Mixed vegetables Fried bitter gourd White rice

Week 5

Serving Time	Section / Bar	Monday (26/4/2021)	Tuesday (27/4/2021)	Wednesday (28/4/2021)	Thursday (29/4/2021)	Friday (30/4/2021)
Breakfast	Breakfast	Nasi lemak Fry bihun	Chinese fried rice Fried Indian style mee	Nasi lemak Fry kuew teow	Kampung fried rice Tom yam laksa pendek	Tom yam fried rice American breakfast
Lunch	Asean	Thai chicken Stir fry cabbage Potatoes with minced chicken White rice	Rendang chicken Stir fry Kangkung Fried egg with onion White rice	Chicken paprik Stir fry siu bak choy Tauhu with kicap White rice	Nasi lemak Fried chicken Sambal Cucumber Peanuts & Anchovies	Sambal chicken Tomato rice Acar
	Western	Popcorn chicken Mashed potato Coleslaw	Fry macaroni with black pepper Fried chicken Fruit salad	Fried chicken Chips Coleslaw	Spaghetti bolognese Fried sausage Fruit salad	Fried chicken chop Chips Coleslaw
	Vegetarian	Fried drumstick Sambal pumpkin Stir fry bayam White rice	Sambal fish Stir fry mixed mushroom Stir fry siu bak choy White rice	Chicken berlada Stir fry sweet potato leaves Lemak tauhu White rice	Curry mutton Stir fry eggplant Stir fry sawi White rice	Paprik chicken Sambal potatoes Mixed vegetables White rice